

INSTRUCTIONS PRIOR TO MOHS SURGERY

If you have no underlying conditions that require you to be on blood thinning medications then please avoid the following for 10 days prior to surgery and 3 days after:

1. Aspirin or product containing aspirin such as Anacin, Bufferin, Alka-Seltzer, Excedrin, or Ascriptin.
2. Anti-inflammatory medications such as Ibuprofen (Advil, Motrin) and Naproxen (Alive, Anaprox).
3. Over the counter supplements containing Danshen, Dong quai, Feverfew, garlic, ginger, ginkgo, Ginseng, Vitamin E, and Vitamin A.

If you're on a blood thinner as prescribed by another physician (i.e. Coumadin, aspirin, etc), please ask if you may stop prior to MOHS and follow his/her instructions for doing so.

*Please avoid alcohol 3 days prior to and 3 days after your surgery as alcohol may promote bleeding.

Do I need antibiotics prior to MOHS surgery?

We recommend antibiotics prior to surgery if you have an artificial heart, artificial heart valves, dysfunctional heart valves, a history of infected heart valves, or joint replacement within the past year. If you have any of the above please call your dermatologic surgeon at least 2 days prior to surgery so that we may prescribe the necessary antibiotics. Unless you have some already from your other doctor, please let us know which antibiotic you are taking.

Home wound care: items to purchase

1. Vaseline or Aquaphor
2. Non-stick gauze (non-stick Telfa)
3. Paper tape
4. Hibiclens (If mohs is being done on the lower legs or genitals)